

# fact

Family and Community Together



a coalition empowering Oregon families experiencing disability

December 2009

*The purpose of the FACT Family Center is to provide general resource and disability-specific information, referral assistance, family-to-family networking opportunities and training opportunities for families.*

**Contribute to FACT**

 **Forward to a friend**

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## **Coming Soon...**

### **Person Centered Planning Workshops**

Teens & Families  
Saturday, February 20, 2010  
Families  
Saturday, March 6, 2010

## **We're Going Green**

We too are working to be environmentally friendly and are going paperless! We will send our e-news monthly to keep you up to date on events, workshops and opportunities. Remember you can always visit our website at [www.factoregon.org](http://www.factoregon.org), call us at 888-988-FACT or email us at [info@factoregon.org](mailto:info@factoregon.org) with any questions.

We look forward to hearing from you!

## **Upcoming Events...**

[Preparing for Adulthood](#) [Preparing for Adolescence](#) [Education](#) [Behavior](#)  
[Coming Soon](#)

## **Preparing for Adulthood...**

These **Free** workshops will provide information to parents about preparing for your teenager entering adulthood.

### **Introductions to SSI - Special Needs Trusts - Guardianships**

**Saturday, December 12, 2009**  
9:00am-12:00pm

- Social Security Administration (SSA) will share information on benefits.
- Learn about Special Needs Trusts and Guardianships from The Arc of Oregon.

### **Introductions to Services for Adults New Acronyms...New Vocabulary...New Providers...**

**Saturday, January 9, 2010**  
9:00am-12:00pm

## Behavior Workshops

Wednesday, February 4, 2010  
Saturday, March 13, 2010

## Sexuality & Healthy Relationships

*spring*

## Supporting your Child in School

Saturday, May 15, 2010

*Appreciating the capacity, strength, empowerment, and tenacity of families, the **FACT Family Center** is committed to providing services and support developed "by families for families."*



Debra McLean leading a Person Centered Planning Workshop



Christine Shank, Attorney with Disability Rights Oregon

- **Dan Peccia**, Executive Director of Self Determination Resources Inc. (SDRI)
- **Joan Medlen**, Project Director of Disability Compass and parent of a young adult transitioning into adult services.

This workshop will provide information on the adult service system, things to consider and decisions to make.

United Way Community Center  
619 SW 11th Avenue, Portland, OR 97205

## **Preparing for Adolescence...**

**How time flies...  
Preparing for a Teen**

**Tuesday, January 19, 2010**  
6:30pm-9:00pm

Nothing is delayed about Puberty!  
&

Strategies for Raising Successful Teenagers!  
A Parent's Perspective on this important milestone

This presentation is in collaboration with  
Oregon Parent Training and Information Center (OrPTI).

The Arc of Washington County  
4450 SW 184th Avenue  
Aloha, OR, 97007

## **Education**

**\*\*Back by popular demand!\*\***

**The IEP: What Parents Need to Know**

**Saturday, January 30, 2010**  
8:45am-12:00pm

**\*Special\*-- Transition to Kindergarten**  
12:30pm-1:30pm

*Parents of children transitioning into kindergarten are invited to stay for a more focused look on this important milestone.*

**Victoria Haight**, Regional Trainer  
Oregon Parent Training & Information Center (OrPTI)

**Christine Shank**, Attorney for  
Disability Rights Oregon (DRO)

**Roberta Dunn**, Executive Director  
Family and Community Together (FACT)

- the Individual Education Program (IEP) process

presenting at the IEP Workshop  
January 2009. Look for a repeat  
of this workshop in 2010 under  
Education!

- understanding the IEP document
- writing goals
- the importance of parental involvement on the team
- how to advocate for your child

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**Behavior:**  
***Positive Parenting for Challenging Behaviors***

**It's a Brain Thing...**  
**The role of the brain and stress in challenging behavior**

**Wednesday, January 27, 2010**

6:30pm-8:30pm - Presentation

8:30pm-9:00pm - Networking/Q&A

The first in a series of **Free** workshops that will provide information to parents about behavior, support strategies, & planning to help children who have communication & behavior issues lead a more self-directed and independent life.

Presented by Oregon Technical Assistance Corporation (OTAC) in collaboration with Family and Community Together (FACT)

Clackamas Education Service District  
13455 SE 97th Avenue, Clackamas, OR 97015

**FACT Harvest Festival and Resource Fair**

Thank you to all who joined us at the FACT Harvest Festival and Resource Fair on October 3, 2009. Over 300 people came to enjoy the resources, pumpkin patch, pictures (check out the FACT Staff picture) and of course, the cake walk!



From Left top row: Roberta Dunn and Christy Reese  
Bottom row: Arlene Jones, Whitnie Trost and Loretta Boskovic

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*Family and Community Together*

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