# My name is Adam:

Adam will be comfortable, confident, and engaged at school and have opportunities to develop his gifts and gain more tools to self-regulate.

## About Adam

* I have a great imagination
* I use signs, movements and single words
* I like to know what to expect
* I like to do things myself

## “All behavior is communication. A need met is a problem solved” – LR Knost

## What a good day looks like:

* Everyone knows and follows my behavior support plan
* Fidgets to focus my energy
* Noise-reducing headphones
* Transitions are planned and communicated

## What makes my day hard:

* Being off routine
* Unclear directions
* Sudden or unexpected transitions
* Being restrained or isolated

## Family Contact Information:

Parent(s) name, phone number and/or email